

# Term 3 2023 Classes & Activities

Monday 10 July to Friday 22 September 2023



Photo credits by local Artist Jackie Green

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Sorrento Community Centre

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## Who we are....

*Independent registered charity.*



*We're all about community! We aim to support all members of our community, create social cohesion and help people achieve their goals.*

We connect our community, bringing our community together.

**Discover what's on**, about other community-based organisations, their activities and events. See for yourself ..[www.sorrentocc.org.au](http://www.sorrentocc.org.au).

Our **courses and activities** help you to connect, learn, grow and strengthen your networks, build friendships and help you make the most out of life.

## Fees & Annual Registration Levy

All participants involved in the Centre pay an Annual Registration Levy of **\$16.50**. This helps to offset the Centre's day to day running costs, administration overheads and hospitality expenses. For those wishing to be more closely involved in Centre activities, for an additional \$6.50 per annum you can become a Voting Member.

We work to keep the cost of our programs affordable and accessible. While most regular volunteer-facilitated programs cost \$5 per session, each activity has its own fee structure depending on equipment cost, facilitator fees, etc.

All courses are subject to sufficient enrolments and may be cancelled; in this case, a 100% refund will be offered. Enrolments are accepted in the order they are received and will only be confirmed once payment is received. You will be notified if the class is full or cancelled. A cancellation policy applies to some courses.

## Special Interest

### Sorrento Early Learning Centre

Join the team at our small, family-friendly Early Learning Centre, with 22 available places at each session.

We are proud to offer you strong, education-based programs to meet the individual needs of your child, based on their age and developmental progress.

**Program times:** 9.15am to 2.15pm daily, 48 weeks of the year

**Days:** Mon (2–4 yrs) Tues to Fri (18 mths - 5 yrs)

**Fees:** \$75.00 per session (w/o subsidy)

An Approved Provider for Child Care Subsidy (CCS) under the Australian Government's Child Care Subsidy system.

Go to: [www.education.gov.au](http://www.education.gov.au)

**Enquire:** 5984 3360 Deb.



Baby Change facilities, Family Room, Heat-up your toddler's meal or baby's bottle - and more!

Looking for a quiet, calm place to change and feed your baby or attend to your child's needs?

A warm welcome awaits you at Sorrento CC (open 9 - 5 Monday to Friday)

# PICKLEBALL

Pickleball is quickly becoming one of the most popular sports around the world. The rules are simple and the game is easy for beginner's to learn, but can develop into a quick fast paced, competitive game.

**COME JOIN THE FUN!!**

## **Beginners Coach & Play - BOOKINGS ESSENTIAL**

*\*Contact the Sorrento Community Centre Mon -Fri 9 am - 5 pm to reserve your spot.*

**First session \$6 per person**

**2nd & 3rd sessions - \$6 members/\$12 guests**

*\*(SCC Membership pro-rata 1 July @\$7.50 + GST)*

Coaching and game play. For beginners (3 sessions only)

- Mon Tues, Wed 11:30am

## **Social Game Sessions - \$6 members/\$12 guests**

- Mon, Tue & Wed 1pm to 3pm
- Mon 7pm to 9pm (17 Jul - 11 Sep only) - **book & pay online**
- Wed 7pm to 9pm (19 Jul - 13 Sep only) - **book & pay online**
- Thurs 11:30 am to 1 pm
- Thurs 7pm to 9pm - **book & pay online**
- **Sat 4pm to 6pm - book & pay online**
- **Sun 4pm to 6pm - book & pay online**

**\*All weekend and evening sessions must be booked & paid online or visit the SCC during business hours. [CLICK HERE](#)**

## **Weekend Pickleball Court Hire - \$24 for 1 court for 2 hr session**

**Saturday & Sunday 8 am - 4pm**

*\*Contact the Sorrento Community Centre  
Mon -Fri 9 am - 5 pm to reserve your spot.*



## Monday Activities

### Tai Chi with Coral

Time: 10.30am to 11.30am.

Coral leads this warm and friendly group. Tai Chi helps to achieve health and harmony in mind and body, mobility, suppleness and mental alertness.

Cost: \$200 for the term

### Monday Book Club

Time: 2.30pm to 4pm

1st Monday of each month.

An opportunity to meet others and discuss books, plus of course, topics of mutual interest. - Currently full

Cost: \$5 /session

## Tuesday Activities

### Drawing Group

(ON HOLD)

### Tuesday Book Club (M)

Time: 3.30 to 5pm

2nd Tuesday of each month.

Lively discussion awaits you while you review a range of books.

Cost: \$5 - Currently full

## Wednesday Activities

### Mosaic Workshops

Time: 10 to 11.30am

This friendly group enjoys weekly sessions together sharing their knowledge and encouraging others in this 3D Art.

Cost: \$5/session

### Ocean Fitness-Mat Pilates,

Time: 9.30 to 10.30am

Build your core strength, keep fit and active under the experienced and watchful eye of Cameron Williams (Ocean Fitness)

Cost: \$15 per session

## Wednesday Activities cont'd

### Boomerang Bag Workshops

Time: From 10am

Come and be part of this welcoming and enthusiastic team who enjoy getting together to help reduce landfill on the Peninsula - and the use of single-use plastic bags. If you can't sew, there's plenty of other jobs to do or if you wish, we'll show you how!

Cost: Nil

## Thursday Activities

### Botanical Drawing and Painting

Commencing Thurs 20th July 2023

Time: 10am to 12.30pm

Artist: Susie Parry presents

"Botanical Drawing and Painting"

Explore, develop and understand a variety of techniques using watercolour, and gouache' paints, to produce your own detailed Botanical Illustration. Note: completion of Introduction course required

Cost: \$200 (8 week course)

### Book Club

Time: 3.30pm to 5.00pm

3rd Thursday monthly.

Enjoy Thursday Book Club. Meet and discuss themes, discover new authors and share a love of reading.

Cost: \$5

## Your Place, Your Space

### Private Working Spaces and Consulting Room available for you.

Your Community Centre is open and available for you to work in peace and quiet, meet clients, customers in confidence, or simply access our high quality printing/photocopying services. Free parking at the door. Wheelchair friendly. Reception 9 - 5 daily. Access out of normal business hours can be arranged. Please call to discuss availability and costs.



## Thursday Activities cont'd

<b>Shake it Up with Eileen</b>	Popular Dance Class with Eileen, with exercises to music to improve your fitness. Enjoy dancing to the music while having fun! Thursdays. 10 to 11am. Commencing 13th July Cost: \$10/session (Proceeds support local disadvantaged children)
<b>Memoirs Writing group</b>	The Memoir Group is for people interested in writing. Memoirs can be personal history or history of other family members or just memories of amusing or life changing incidents. They can be written as prose or poetry. Materials needed are pen and exercise book or computer or both. <b>ON HOLD</b>
<b>Mah Jong</b>	Social players are needed !! Mah Jong... We have members very keen to continue playing or want to share their knowledge on how to play a game. Seeking people wanting to come together, chat, have a cuppa, enjoy learning new games, or enjoy playing with new friends. 1 to 3pm. Cost: \$5
<b>Environment Circle</b>	Time: 4pm to 5.30pm (4th Thursday of the month ) Dates: 27 July, 24 Aug & 28 Sep A stimulating and engaging discussion group for people who care about our environment and want a better understanding of our natural world. Informative Guest Speakers. RSVP for catering. Cost: \$5 members /\$10 guests (incl drinks & nibbles)

## Friday Activities

<b>Chatty Café Scheme</b>	Chatty Café is a way for communities to connect and enjoy a friendly chat in a safe space over a cuppa of your choice. 10am to 12noon. Please join our "have a chat table". Everyone is welcome. Join others for a social time . Tea, coffee and bickie provided \$2.00 per person
<b>Friday Book Club (M)</b>	Time: 2.00 to 4.00pm Last Friday of the month Enjoy the camaraderie and discussion at Friday Book Club where you choose your own book, and review and share with the group. Cost: \$5

## Memberships, Registrations and Donation opportunities for Sorrento Community Centre

- ◆ Annual SCC Registration Levy for all users. \$16.50 annually February. (This helps to offset the Centre's day to day running of centre)
- ◆ VIP Membership annually due February. \$275 inclusive of SCC Registration Levy and option for voting rights. (These funds will be used to help assist with free events or reducing costs, during our holiday programs for children.)
- ◆ Association Voting Membership \$5 annually February and is in addition to our SCC Registration Levy and voting rights.
- ◆ Business Affiliate Membership Program \$275 annually, inclusive of SCC Registration Levy and Association Voting Membership is optional. Please call our Manager Greg Hilton directly on 0438 481 879 to discuss the benefits of supporting Sorrento Community Centre.
- ◆ Family/Single Basketball Stadium Memberships  
\$22/\$66 charged annually inclusive of SCC Registration Levy - Bookings essential.
  - \* Single:-These will be for adults over 18 and for unlimited training midweek after hours upon availability.
  - \* Family:- includes maximum of 2 adults and including their children up to the age of 17years. For training in our basketball stadium midweek after hours upon availability.
- ◆ Social Membership  
\$27.50 inclusive of SCC Registration Levy and Savvys social administration levy.

